

Academic Program Description Form

University Name: Al-Ain University – Iraq

College: College of Physical Education and Sport Sciences

Department: Academic Department or Professional Department:
Academic Program Description

Final Degree Name: Bachelor's Degree

Education System: Annual

Date of Preparation: 10/9/2025

File Approval Date: 13/9/2025



Signature:

Academic Associate:

Assist. Prof. Dr. Haider Sadiq Maki
Assistant Dean for Scientific Affairs

Date: 18/10/2025



Signature:

Dean of the College:

Prof. Dr. Ahmed Abdulaziz Ubaid

Date: 19/10/2025

File Verified by

Quality Assurance and University Performance Division

Name of Division Director:

Assist. Lect. Ali Ammar Yasser
Director of the Quality Assurance and
University Performance Division

Date: 17/10/2025

Signature:



Dean's Approval

1. Program Vision

The overall vision: To build a generation of players with advanced technical and tactical skills, high physical fitness, and high sportsmanship, while promoting a love of sports and teamwork to achieve local and international accomplishments

...Under the motto: Love, obedience, respect

2. Program message

We provide comprehensive and systematic education and training within a safe and stimulating environment that respects individual differences. We focus on developing players using the latest —skillfully, physically, and psychologically—surrounded play—well teaching and scientific training methods and under the supervision of a qualified coaching staff and promote the values of teamwork, sports coaching staff. We strive to instill a love of sports and educators sportsmanship, creating a generation of confident players discipline, and sports capable of competing honorably and reaching their full potential

3. Program objectives

1. **Preparing qualified personnel, both scientifically and practically** in the fields of physical education and sports science, capable of working in educational institutions, sports clubs, and health centers.
2. **Developing scientific and research knowledge** in the fields of movement science, sports training, sports nutrition, sports psychology, injuries and rehabilitation, and sports management.
3. **Contributing to spreading sports culture** in society, and promoting the importance of physical activity for public health and disease prevention.
4. **Supporting national sports programs** through the development and graduating specialists who contribute to the development of sports.

of sports performance at the local, Arab and international levels.

5. solving related to –capable of innovation and problem **Preparing researchers and sports thinkers** physical education and sports.

6. inside and **s and educational institutions** **Strengthening partnerships and cooperation with sport** outside the country to develop academic and research programs.

7. through sports practice, teamwork, and **Developing moral and educational values in students** mutual respect.

8. ng and training to keep pace with global developments in sports teachi **Using modern technologies** in sports science.

4. Program accreditation

5. Other external influences

The job market, where numerous seminars and meetings are held to discuss .academic and applied content with specialists

6. gram structurePro

* comments	Percentage	Study unit	Number of courses	Program structure
	%50	10	5	Institutional requirements
	33 %	146	48	College requirements

				Department requirements
	%25	4	1	Summer training
				Other

.the course is core or elective The notes may include whether *

7. Program Description

Credit Hours		Course name	Course code	Year / Level
2	2	computer		First
4	4	Athletics		First
4	4	soccer		First
4	4	basketball		First
4	4	Swimming		First
2	2	Scouts		First
4	2	History and ilosophy of Ph Physical Education		First
4	2	Anatomy		First
4	2	English language		First
4	2	Rights and Democracy		First
2	2	Weightlifting / Collar Specialty		First

2	2	Arabic		First
2	2	basketball		Second
4	4	Volleyball		Second
2	2	Boxing / Badminton		Second
2	2	teaching methods		Second
4	2	Measurement and testing		Second
4	2	Sports training science		Second
4	2	statistics		Second
2	2	Athletics / Track and Field		Second
4	4	Handball		Second
4	4	Gymnastics Equipment		Second
4	2	Biomechanics		Second
4	2	Scientific research		Third
4	2	Motor learning		Third
2	2	Sports medicine		Third
4	4	teaching methods		Third
4	2	Training physiology		Third
2	2	Racket games		Third

2	2	Handball		Third
2	2	Football / Fitness		Third
2	2	duel		Third
2	2	tics Gymnas equipment		Third
2	2	wrestling		Third
4	4	For application		Fourth
4	2	Research project		Fourth
4	2	Sports psychology		Fourth
4	2	Sports training science		Fourth
4	2	Management and organization		Fourth
4	4	Athletics		Fourth
2	2	basketball		Fourth
2	2	Handball		Fourth
2	2	Futsal		Fourth
2	2	volleyball		Fourth
2	2	disabled		Fourth

8. Expected learning outcomes of the program

Knowledge

1- Understanding the basic concepts of sports science, including kinesiology, physiology, anatomy, sports psychology, and sports managementps . 2- Familiarity with educational theories and their application in the field of physical education. 3- Understanding the fundamentals of sports training and methods for developing physical performance. 4- s and Understanding the rule regulations related to physical education and sports at the local and international levels. 5- Understanding the health and preventative aspects associated with physical activity and exercise.	
Skills	
1- Analyzing educational and sports situations informed decisions-d making wellan. 2- Designing training and educational programs that are suitable for different age groups and physical abilities. 3- Assessing physical fitness and athletic performance using scientific tools and methods. 4- heories to field practices in Linking scientific t the fields of physical education and sports science.	
Values	
1- Working within a team and communicating effectively with colleagues and the community. 2- The use of computer techniques and	

of physical information technology in the field education and sports science.

- 3- Commitment to professional ethics and social responsibility.
- 4- learning and continuous development of -Self professional skills and knowledge.
- 5- The ability to think critically and solve problems in innovative ways.

9. Teaching and learning strategies

1. Learningby Doing
2. **Collaborative Learning**
3. Based Learning(PBL)
4. Simulation and Experiential Learning
5. & Presentations
6. Field Training & Practicum
7. Using technology in education(Technology-Enhanced Learning)
8. Self-directed learning
9. ServiceLearning
10. Brainstormingand Class Discussions

10. Assessment methods

- 1– Attendance and monthly exams
- 2– Homework
- 3– questionnaires

4– Oral exam and direct questions in class

5– Electronic exams on the online platform

11. Faculty

Faculty members

Faculty preparation		Special requirements/skills (if any)		Specialization		ademic rankac
19	12			5	12	
						Assistant teacher

Professional Development

Orienting new faculty members

e's curricula and Orientation program for new faculty members and introduction to the colleg
.regulations

Professional development of faculty members

Encouraging attendance and participation in local and international conferences and workshops,
.nand obtaining advanced training certificates in cooperation with continuing educatio

12. Admission standard

This is done according to the acceptance rate for direct application to the College of Physical Education and Sports Sciences within the electronic form approved by ntral admission the Ministry of Higher Education and Scientific Research. The ce
.criteria have been applied in the college since the academic year 2018 AD

13. Key sources of information about the program

- 1– Lectures given by the subject teacher
- 2– Books available in the college library
- 3– ty of Iraq Ain Universi–Books available on the AI platform
- 4– Any website dedicated to the study of physical education and sports science

14. Program development plan

- 1- Creating an urgent need for innovation and change
- 2- Looking outward in search of innovative inspiration
- 3- iers that often hinder change effortsOvercoming the barr
- 4- Developing training methods
- 5- Improving the efficiency of faculty members

Program Skills Plan

Learning outcomes required from the program

Values				Skills				Knowledge				Essential or optional	Course Name	Course code	Level / Year
4 Part	Part 3	Part 2	1 Part	B4	B3	B2	B1	A4	A3	A2	A1				
	—		X			—	X	X			X	essential	computer		First
X		X	X	X		X	X	X		X	X	essential	Athletics		
											X	essential	soccer		
X			X	X			X			X	X	essential	basketball		
			X				X				X	essential	Swimming		
			X				X				X	essential	Scouts		
			X				X				X	essential	History and Philosophy of Physical Education		
			X								X	essential	Anatomy		
											X	essential	English language		
		X									X	essential	Rights and Democracy		

		X					X				X	essential	fting Weightli Collar / Specialty		Second
		X									X	essential	Arabic		
X	X	X		X		X	X	X		X	X	essential	basketball		
X	X	X		X		X	X	X		X	X	essential	Volleyball		
X	X		X		X	X	X		X	X	X	essential	Boxing / Badminton		
X	X		X		X	X	X		X	X	X	entialess	teaching methods		
X	X		X		X	X	X		X	X	X	essential	Measureme nt and testing		
X	X		X		X	X	X		X	X	X	essential	Sports training science		
X	X		X		X	X	X		X	X	X	essential	statistics		
X	X		X		X	X	X		X	X	X	essential	Athletics / Track and Field		
X	X		X		X	X	X		X	X	X	essential	ndballHa		
X	X		X		X	X	X		X	X	X	essential	Gymnastics Equipment		

X	X		X		X	X	X		X	X	X	essential	Biomechanics		
X	X		X		X	X	X		X	X	X	essential	Scientific research		Third
	X					X			X			essential	Motor learning		
X	X		X			X	X		X			essential	Sports cinemedi		
X	X		X		X		X		X	X	X	essential	teaching methods		
X	X		X		X	X	X		X	X	X	essential	Training physiology		
X	X		X		X		X		X		X	essential	Racket games		
X	X		X		X	X	X		X	X	X	essential	Handball		
X	X		X		X	X	X		X	X	X	essential	Football / Fitness		
X	X		X		X	X	X		X	X	X	essential	duel		
X	X		X		X	X	X		X	X	X	essential	Gymnastics equipment		
X	X		X		X	X	X		X	X	X	essential	wrestling		
X	X		X		X	X	X		X	X	X		For application		Fourth

X	X		X		X	X	X		X	X	X		Research project		
X	X		X			X				X	X		Sports psychology		
X	X		X		X	X	X		X	X	X		Sports training science		
X	X		X		X				X	X	X		Management and organization		
X	X		X		X		X		X	X	X		Athletics		
X					X		X		X	X	X		basketball		
X			X		X		X		X	X	X		Handball		
X			X		X	X	X				X		Futsal		
X	X		X		X		X		X		X		volleyball		
X	X		X			X	X			X	X		disabled		



Please check the boxes corresponding to the individual learning outcomes from the .program that are being assessed

